**Referral list: food allergy and food sensitivity**

**Afnan Chikhani**

**Fontbonne University**

1. **Allergy asthma and food allergy center**

**ST. LOUIS**

9701 Landmark Pkwy Dr.
Suite 207
St. Louis MO 63127
314.849.8700

**STE. GENEVIEVE**
255 Boderman Ln.
Bloomsdale MO 63627
314.849.8700

**SWANSEA**
510 Fullerton Rd.
Swansea IL 62226
618.233.8700

1. St louis Allergy relief center

1415 Elbridge Payne Road, #135
Chesterfield, MO 63017
(314) 384-9304

1. Saint Louis Allergy and Asthma

6651 Chippewa St, Suite 312

Saint Louis, MO 63109

<https://www.saintlouisallergy.com/>

1. Salus Center
3545 Lafayette Ave., Second Floor
St. Louis, MO 63104
Phone: 314-977-9050
Fax: 314-977-9770

<https://www.slucare.edu/allergy-immunology/index.php>

1. Environmental Health Center

763 South New Ballas Road Suite 204

St. Louis , MO 63141

(314) 921-5600

<https://www.ehacstl.com/about-us.html>

1. Crosby Chiropractic & Acupuncture Center
331 Jungermann Road
St Peters MO 63376
Telephone: 636-928-5588
E-mail: crosbychiropractic@gmail.com

https://www.crosbychiropractic.com/alcat-food-intolerance-panels/

1. Elyra D. Figueroa, MD

AAIISTL, Inc.

10000 Watson, Rd Suite 2S

St. Louis, MO 63126

<https://www.allergyasthmaimmunologyinstitutestl.org/>

1. Dr Raman

3009 North Ballas Rd. Suite 100 B
St. Louis, MO 63131
314-983-4098

<https://drramanstl.com/food-sensitivity-test-mrt/>

1. Dr. Aman Singh.MD

11525 Olde Cabin Road
St. Louis, MO 63141

<http://www.drsinghgastro.com/index.php>

1. Maya R. Jerath, MD, PHD

10 Barnes West Drive
Creve Coeur, MO 63141

Suite: 200
Office Phone: 314-996-8670
Fax: 314-996-3195

<https://wuphysicians.wustl.edu/for-patients/find-a-physician/maya-r-jerath>

* Gateway gastroenterology group

St. Luke’s Outpatient Center
121 St. Luke’s Center Drive, Ste. 406
Chesterfield, MO 63017

(314) 529-4900

Hydrogen and methane breath testing are used to diagnose lactose and fructose intolerance and small bowel bacterial overgrowth.

They do not have food allergy test

<https://www.gatewaygi.com/>

**Psychology for eating disorder**

1. Patricia K. Dennis, PhD, LCSW

<https://www.stlouisanxietypsychologist.com/>

1. Elizabeth Judd, CPNP, PMHS

<http://www.adventmedicalgroup-mo.com/general-healthcare-our-doctors>

1. Dr.Dorsey Dysart

314-991-7703 (Office)

[9378 Olive Blvd., Suite 213, Olivette, MO 63132](https://goo.gl/maps/TTs51o8T4BGkmMCH8)

<https://dorseydysart.com/>

1. Integrative Mind Institute

7750 Clayton Rd.
Suite 303
Richmond Heights, MO 63117

108 N. Clay Ave
Suite 200,
Kirkwood, MO 63122

<http://integrativemindinstitute.com/find-therapy-neurofeedback-eeg-st-louis/>

1. Laura Bumberry, PsyD, CEDS

 Licensed Psychologist, Certified Eating Disorders Specialist

 Partners in Wellness

P: (314) 736-5446

F: (314) 736-5477

INFO@PARTNERSINWELLNESSSTL.COM

5 Plant Avenue Suite 2
St. Louis, Missouri 63119

<http://www.partnersinwellnessstl.com/home.html>

1. [KATIE THOMPSON, LPC, CEDS](https://katiethompsonlpc.com/)

[14323 South Outer 40 Road, Suite 512S
Town & Country, MO 63017](http://maps.google.com/maps?z=16&q=14323+south+outer+40+road,+suite+512s+town+&+country,+mo+63017)

Phone: +1.314.288.0498

Email: kthompsonlpc@gmail.com

<https://katiethompsonlpc.com/contact/>

1. Kelly O Donnell

200 S. Bemiston Ave. Clayton, MO 63105

314-643-8224

<http://www.kellyodonnellcounseling.com/contacts/>

1. Dr. Robin L. Turner MSW, LCSW, Psa, PSYD

141 N Meramec Ave #208

St Louis, MO 63105

Phone: (314) 726-1555

<https://www.drrobinlturner.com/contactus.htm>

Food sensitivity is a growing concern for many people. It causes digesting discomfort and inflammations, but it is not life-threatening like a food allergy. I gathered a reference list about food allergy and food sensitivity that are in St Louis. The first four references are centers that provide an allergy test. Crosby Chiropractic & Acupuncture Center is a center that offers a sensitivity test of more than hundreds of foods. The environmental center has a lot of testimonial about a patient that felt better with different kind of allergies, including food allergies and sensitivities.

The other referrals are doctors that are allergist/immunologist; some of them offers tests. Dr. Singh (9) is a gastrointestinal specialist that can deal with food allergies issues. Dr. Raman (8) offers food sensitivity testing LEAP Mediator Release Test (MRT). She mentions the difference between food allergy and food sensitivity on her web site. Gateway gastroenterology group is a big GI group that offers methane breath testing that is used to diagnose lactose and fructose intolerance and small bowel bacterial overgrowth. Still, they do not provide food allergy allergies test. There is home test food sensitivity, and there are many ways to do the test. I did not find many doctors that offer the food sensitivity test, especially GI doctors. I could not find GI doctors who had a food sensitivity testing in St Louis’ area.

The other reference list about psychologists and psychiatrists that teats were eating disorders. Some of them are centers, and the other are doctors the treat eating disorders. There are many centers that treat an eating disorder, but they have the whole team on site. I looked for doctors that can assess the client in the psychological treatment, and the dietitian will help in the food balance part. These references are helpful to the site to offer clients when they need extra help in certain situations like allergy or psychological support for eating disorders.